

Every child is unique and learns at a different rate. Milestones help measure if a child is on track with other children the same age. If you suspect a possible developmental delay, we can assess your child's development and help your child learn new skills.

BIRTH TO THREE YEARS OLD



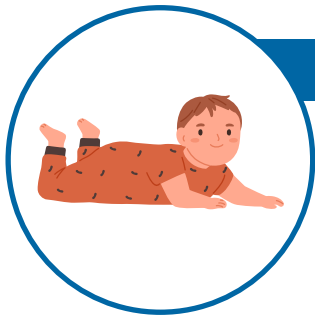
AT AGE 1 MONTH, MOST CHILDREN...

- Love to look at faces
- Coo and make noises
- Turn head away from the blanket on their face
- Raise their head slightly when lying on their tummy



AT AGE 2 MONTHS, MOST CHILDREN...

- Hold their head up when supported
- Make sounds of discomfort when hungry or tired
- Start to smile



AT AGE 3 MONTHS, MOST CHILDREN...

- Lift their head when lying on their tummy
- Use eyes to follow objects or caregiver
- Move arms and legs well
- Smile back at people
- Take objects to mouth



AT AGE 4 MONTHS, MOST CHILDREN...

- Raise their head and chest when lying on their tummy
- Roll from tummy to back
- Play by grasping and shaking toys
- Begin to turn toward sounds or voices
- Babble/coo when someone is speaking to them



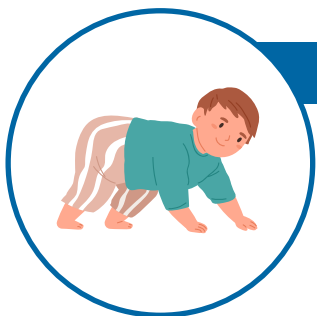
AT AGE 6 TO 9 MONTHS, MOST CHILDREN...

- Act differently toward strangers (staring, withdrawing, crying)
- Sit propped with hands-free for play
- Transfer objects from hand to hand or mouth
- Play by banging a toy on the floor or table
- Smile/coo at self in front of a large mirror



AT AGE 9 to 12 MONTHS, MOST CHILDREN...

- Sit without help and move into or out of sitting position
- Crawl or creep, moving both sides of the body
- Begin to take steps, holding onto furniture for support
- Make sounds like “da,” “ga,” “ma,” and “ba”
- Respond to their name



AT AGE 12 to 15 MONTHS, MOST CHILDREN...

- Start taking steps while holding hands
- Pick up small objects with thumb and fingers
- Follow simple one-step requests (sit down, come here)
- Look at common objects when named (bottle, cup, ball)
- Say two or three single words, repeat sounds
- Play games such as “peek-a-boo” or “pat-a-cake”
- Follow parent’s point to object and look back at parent (sharing attention)



AT AGE 15 to 18 MONTHS, MOST CHILDREN...

- Walk without support
- Drink from a cup held by someone else
- Reference parent by looking to see if they are watching (if something is safe, etc.)
- Get attention by pulling on your hand or clothing
- Use four or five single words
- Put items into a container
- Point to items or toys they want



AT AGE 18 to 24 MONTHS, MOST CHILDREN...

- Know how to use everyday objects such as a phone or a brush
- Turn the pages of a book two or three pages at a time
- Make a mark on paper using the tip of a crayon
- Play alongside other children
- Pull toys that have wheels
- Walk well, seldom fall
- Initiate affection



AT AGE 24 MONTHS, MOST CHILDREN...

- Begin to run and jump
- Ask for items by name
- Recognize a familiar picture
- Use a spoon or fork without a great deal of spilling
- Begin “pretend” play (feeding the doll, etc.)
- Use words such as “me,” “mine,” or “no”
- Respond well to choices between two things
- Play with other children, but need help sharing, taking turns, etc.
- Imitate the actions of other children and people



AT AGE 36 MONTHS, MOST CHILDREN...

- Walk-up/downstairs while holding the railing
- Turn doorknobs; screw and unscrew jar lids
- Love to show off their accomplishments
- Follow two-step requests
- Use three or four-word sentences
- Match objects and sort by shape and color
- Begin to ask “Why?” and “What’s that?”
- Remember their first and last name
- Take turns in games without prompting
- Play cooperatively with others

CONCERNED ABOUT YOUR CHILD’S PROGRESS?

Our experts can evaluate your child’s strengths and help them learn and grow.
Call **(303) 247-8423** to learn more or visit www.rmhumanservices.org.ei.

**This is not a complete list of developmental milestones*