

FOOD ACCESS RESOURCES ACROSS COLORADO'S FRONT RANGE



Need Help Navigating Food Resources in Colorado?

This guide brings together Front Range food banks, pantries, and redistribution programs that help connect people to reliable, nutritious food, alongside statewide tools for finding support anywhere in Colorado.

Across Colorado's Front Range, individuals and families access food support in many different ways, from food banks and pantries to medically tailored meals, youth meal programs, and benefits like SNAP. These resources play a critical role in supporting health, stability, and dignity for people at every stage of life.

This guide brings together food banks, food pantries, redistribution programs, and food access tools across the Front Range, along with statewide resources that help people find free or low-cost food near them. Whether someone is looking for groceries, prepared meals, or help navigating available benefits, these organizations help connect people to reliable, nutritious food in their communities.



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Statewide

Food Bank of the Rockies

Operates food banks and partners with local pantries across Colorado to support individuals and families experiencing food insecurity. Its website includes a searchable pantry locator.



Locations: Statewide



Hours: Varies by location



Phone Number: [\(303\) 371-9250](tel:(303)371-9250)



[Visit website](#)

Hunger Free Colorado's Food Resource Hotline

A statewide, toll-free hotline available in 150+ languages to support people in finding free food near them.



Locations: Statewide



Hours: Varies by location



Phone Number: [\(855\) 855-4626](tel:(855)855-4626)



[Visit website](#)

2-1-1 Colorado Resource Map

An interactive map that allows individuals to locate food assistance and other essential resources in their area.



Locations: Statewide



Hours: Varies by location



[Visit Map](#)

SNAP (Supplemental Nutrition Assistance Program) Benefits

A federal benefits program that helps eligible individuals and families afford groceries. Applications are managed through county offices.



Locations: Statewide



Hours: Varies by location



[Visit website](#)



Statewide

Project Angel Heart

Prepares and delivers nutritious and medically tailored meals to people living with severe illnesses.



Locations: Across the Front Range



Phone Number: [\(303\) 830-0202](tel:(303)830-0202)



Hours: Ongoing; based on individual, medical need.



[Visit website](#)



Denver

We Don't Waste

Rescues high-quality surplus food and distributes it through Mobile Food Markets across Denver.



Locations: Denver



Phone Number: [\(720\) 443-6113](tel:(720)443-6113)



Hours: Several times per month; see website calendar



[Visit website](#)

Denver Food Rescue

Redistributes surplus, healthy food through no-cost pop-up grocery programs and community sites.



Locations: Denver



Phone Number: [\(720\) 510-9139](tel:(720)510-9139)



Hours: Varies by site and day; see website calendar



[Visit website](#)

Re:Vision

Offers fresh and culturally relevant food in a choice-style food pantry.



Locations: Denver



Phone Number: [\(720\) 319-7531](tel:(720)319-7531)



Hours: Tuesdays and Wednesdays



[Visit website](#)



Denver

Denver Community Fridges

A mutual aid project providing 24/7 access to free food through community fridges and pantries.



Locations: Denver (Neighborhoods of Five Points, Globeville, Westwood, and Baker)



[Visit website](#)



Hours: 24/7

Bienvenidos Food Bank

Provides nutritious food and mobile pantry services in Northwest Denver.



Locations: Denver



Phone Number: (303) 433-6328



Hours: Typically Thursdays, check website for details.



[Visit website](#)

Metro Caring

Supports food access through a fresh food market and scheduled food box distribution.



Locations: Denver



Phone Number: (303) 860-7200



Hours: Appointments required; food boxes distributed Monday afternoons



[Visit website](#)

Twin Parishes Food Bank

Combats food insecurity by offering healthy food to families and individuals.



Locations: Denver



Phone Number: (303) 294-0684



Hours: Tuesdays and Thursdays



[Visit website](#)

Tasty Food

Free food for youth ages 3-18 distributed across City of Denver rec centers. Available meals include breakfast, lunch, supper, and a snack.



Locations: Denver



[Visit website](#)



Hours: Weekdays throughout the year



Arapahoe, Douglas, and Elbert Counties

SECOR Cares

Provides food access through a free food market, weekend food programs for students, and a mobile food market.



Locations: Elbert, Arapahoe and Douglas Counties



Hours: Varies by location



Phone Number: (720) 842-5621



Visit website

Help & Hope Center

Offers groceries, toiletries, and pet food in a grocery-store-style pantry.



Locations: Castle Rock



Hours: Monday- Friday



Phone Number: (303) 688-1114



Visit website



Northern Front Range

Community Food Share

A food bank serving Boulder and Broomfield Counties with access to free, nutritious food.



Locations: Boulder and Broomfield Counties



Hours: Daily; appointment required.



Phone Number: (303) 652-3663



Visit website

OUR Center

Resource assistance and community services in St. Vrain County that include daily hot meals and no-cost groceries.



Locations: Longmont



Hours: Daily



Phone Number: (303) 772-5529



Visit website

Food Bank for Larimer County

Offers free food, diaper support, and monthly senior food boxes through local pantries. Includes an online location search tool.



Locations: Larimer County



Hours: Varies by location



Phone Number: (970) 493-4477



Visit website



El Paso County

Tri-Lakes Cares

Provides a food pantry and market with fresh produce, healthy food, and household essentials in a grocery-store setting.



Locations: Monument (Northern El Paso County)



Phone Number: [\(719\) 481-4864](tel:(719)481-4864)



Hours: Tuesdays and Thursdays



[Visit website](#)

Salvation Army Food Pantry

A grocery-style food pantry offering fresh food in a dignified, choice-based environment.



Locations: Colorado Springs



Phone Number: [\(719\) 636-3891](tel:(719)636-3891)



Hours: Mondays, Wednesdays, and Fridays



[Visit website](#)

Food to Power

Redistributes surplus, healthy foods to neighborhood-run food access programs.



Locations: Colorado Springs



Phone Number: [\(719\) 470-2737](tel:(719)470-2737)



Hours: Mostly Tuesday and Thursday afternoons; times vary by neighborhood site.



[Visit website](#)

Sunnyside Market

Operates neighborhood food pantries that provide healthy food at no cost in a grocery-style environment.



Locations: Colorado Springs and Pueblo



Phone Number: [\(719\) 888-6581](tel:(719)888-6581)



Hours: Requires an appointment



[Visit website](#)

RMHS
Rocky Mountain Human Services

Rocky Mountain Human Services is a nonprofit organization that offers person-centered case management and direct services to support the health, self-sufficiency, and overall quality of life for children, adults, and veterans in Colorado. Please [visit our website](#) to learn more about the services we provide.