

FOOD ACCESS RESOURCES ACROSS COLORADO'S FRONT RANGE

RMHS
Rocky Mountain Human Services

Need Help Navigating Food Resources in Colorado?

This guide brings together Front Range food banks, pantries, and redistribution programs that help connect people to reliable, nutritious food, alongside statewide tools for finding support anywhere in Colorado.

Across Colorado's Front Range, individuals and families access food support in many different ways, from food banks and pantries to medically tailored meals, youth meal programs, and benefits like SNAP. These resources play a critical role in supporting health, stability, and dignity for people at every stage of life.

This guide brings together food banks, food pantries, redistribution programs, and food access tools across the Front Range, along with statewide resources that help people find free or low-cost food near them. Whether someone is looking for groceries, prepared meals, or help navigating available benefits, these organizations help connect people to reliable, nutritious food in their communities.



TABLE OF CONTENTS

<u>Statewide</u>	<u>1-2</u>
<u>Denver</u>	<u>2-3</u>
<u>Arapahoe, Douglas, and Elbert Counties</u>	<u>4</u>
<u>Northern Front Range</u>	<u>4</u>
<u>El Paso County</u>	<u>5</u>

FOOD ACCESS RESOURCES ACROSS COLORADO'S FRONT RANGE

RMHS
Rocky Mountain Human Services



Statewide

Food Bank of the Rockies

Operates food banks and partners with local pantries across Colorado to support individuals and families experiencing food insecurity. Its website includes a searchable pantry locator.



Locations: Statewide



Hours: Varies by location



Phone Number: [\(303\) 371-9250](tel:(303)371-9250)



[Visit website](#)

Hunger Free Colorado's Food Resource Hotline

A statewide, toll-free hotline available in 150+ languages to support people in finding free food near them.



Locations: Statewide



Hours: Varies by location



Phone Number: [\(855\) 855-4626](tel:(855)855-4626)



[Visit website](#)

2-1-1 Colorado Resource Map

An interactive map that allows individuals to locate food assistance and other essential resources in their area.



Locations: Statewide



Hours: Varies by location



[Visit Map](#)

SNAP (Supplemental Nutrition Assistance Program) Benefits

A federal benefits program that helps eligible individuals and families afford groceries. Applications are managed through county offices.



Locations: Statewide



Hours: Varies by location



[Visit website](#)



Statewide

Project Angel Heart

Prepares and delivers nutritious and medically tailored meals to people living with severe illnesses.



Locations: Across the Front Range



Hours: Ongoing; based on individual, medical need.



Phone Number: [\(303\) 830-0202](tel:(303)830-0202)



[Visit website](#)



Denver

We Don't Waste

Rescues high-quality surplus food and distributes it through Mobile Food Markets across Denver.



Locations: Denver



Hours: Several times per month; see website calendar



Phone Number: [\(720\) 443-6113](tel:(720)443-6113)



[Visit website](#)

Denver Food Rescue

Redistributes surplus, healthy food through no-cost pop-up grocery programs and community sites.



Locations: Denver



Hours: Varies by site and day; see website calendar



Phone Number: [\(720\) 510-9139](tel:(720)510-9139)



[Visit website](#)

Re:Vision

Offers fresh and culturally relevant food in a choice-style food pantry.



Locations: Denver



Hours: Tuesdays and Wednesdays



Phone Number: [\(720\) 319-7531](tel:(720)319-7531)



[Visit website](#)



Denver

Denver Community Fridges

A mutual aid project providing 24/7 access to free food through community fridges and pantries.



Locations: Denver (Neighborhoods of Five Points, Globeville, Westwood, and Baker)



[Visit website](#)



Hours: 24/7

Bienvenidos Food Bank

Provides nutritious food and mobile pantry services in Northwest Denver.



Locations: Denver



Phone Number: [\(303\) 433-6328](#)



Hours: Typically Thursdays, check website for details.



[Visit website](#)

Metro Caring

Supports food access through a fresh food market and scheduled food box distribution.



Locations: Denver



Phone Number: [\(303\) 860-7200](#)



Hours: Appointments required; food boxes distributed Monday afternoons



[Visit website](#)

Twin Parishes Food Bank

Combats food insecurity by offering healthy food to families and individuals.



Locations: Denver



Phone Number: [\(303\) 294-0684](#)



Hours: Tuesdays and Thursdays



[Visit website](#)

Tasty Food

Free food for youth ages 3-18 distributed across City of Denver rec centers. Available meals include breakfast, lunch, supper, and a snack.



Locations: Denver



[Visit website](#)



Hours: Weekdays throughout the year



Arapahoe, Douglas, and Elbert Counties

SECOR Cares

Provides food access through a free food market, weekend food programs for students, and a mobile food market.



Locations: Elbert, Arapahoe and Douglas Counties



Hours: Varies by location



Phone Number: [\(720\) 842-5621](tel:(720)842-5621)



[Visit website](#)

Help & Hope Center

Offers groceries, toiletries, and pet food in a grocery-store-style pantry.



Locations: Castle Rock



Hours: Monday- Friday



Phone Number: [\(303\) 688-1114](tel:(303)688-1114)



[Visit website](#)



Northern Front Range

Community Food Share

A food bank serving Boulder and Broomfield Counties with access to free, nutritious food.



Locations: Boulder and Broomfield Counties



Phone Number: [\(303\) 652-3663](tel:(303)652-3663)



Hours: Daily; appointment required.



[Visit website](#)

OUR Center

Resource assistance and community services in St. Vrain County that include daily hot meals and no-cost groceries.



Locations: Longmont



Phone Number: [\(303\) 772-5529](tel:(303)772-5529)



Hours: Daily



[Visit website](#)

Food Bank for Larimer County

Offers free food, diaper support, and monthly senior food boxes through local pantries. Includes an online location search tool.



Locations: Larimer County



Phone Number: [\(970\) 493-4477](tel:(970)493-4477)



Hours: Varies by location



[Visit website](#)



El Paso County

Tri-Lakes Cares

Provides a food pantry and market with fresh produce, healthy food, and household essentials in a grocery-store setting.



Locations: Monument (Northern El Paso County)



Hours: Tuesdays and Thursdays



Phone Number: [\(719\) 481-4864](tel:(719)481-4864)



[Visit website](#)

Salvation Army Food Pantry

A grocery-style food pantry offering fresh food in a dignified, choice-based environment.



Locations: Colorado Springs



Hours: Mondays, Wednesdays, and Fridays



Phone Number: [\(719\) 636-3891](tel:(719)636-3891)



[Visit website](#)

Food to Power

Redistributes surplus, healthy foods to neighborhood-run food access programs.



Locations: Colorado Springs



Hours: Mostly Tuesday and Thursday afternoons; times vary by neighborhood site.



Phone Number: [\(719\) 470-2737](tel:(719)470-2737)



[Visit website](#)

Sunnyside Market

Operates neighborhood food pantries that provide healthy food at no cost in a grocery-style environment.



Locations: Colorado Springs and Pueblo



Hours: Requires an appointment



Phone Number: [\(719\) 888-6581](tel:(719)888-6581)



[Visit website](#)



Rocky Mountain Human Services

Rocky Mountain Human Services is a nonprofit organization that offers person-centered case management and direct services to support the health, self-sufficiency, and overall quality of life for children, adults, and veterans in Colorado. Please [visit our website](#) to learn more about the services we provide.